

Education and experience

- Private practice (since 2012)
- Graduate at Gestalt Psychotherapy training (2022)
- Founding and management of the Gestalt Therapy association in Luxembourg (2017)
- Graduate at Mindfulness-based Cognitive Therapy program (Luxembourg, 2017)
- Psychologist at Centre for counselling services (Slovakia, 2003 – 2007)
- Graduate at UK Bratislava with master's degree (Slovakia, 1996 – 2001)
- Counsellor at Help line for children (Unicef, Slovakia, 1997 – 2000)

Workshops

- Series of workshops Psychotherapy of trauma (P. Odstřil, V. Pinkasova)
- Gestalt therapy approach to panic disorders (G. Francesetti)
- Sexuality and intimacy in couples (Nancy Amendt Lyon)
- How to work with aggression in psychotherapy (P. Odstřil, Praha)
- Psychopharmacology and suicidality (Centre Hospitalier, Luxembourg)
- Motivational interview (U-Centre Eppen, Holandsko)
- Suicidal Prevention (SLP Luxembourg)

and many others